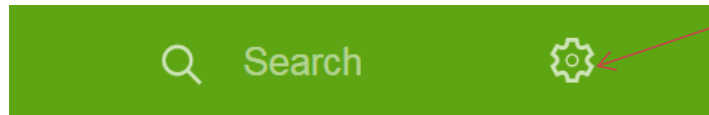




Wellness and Integrative Health Providers Transformational Marketing Strategies

3 Steps to make sure you get important announcements and activity updates from this group!

Step #1: Find the little wheel on the top right of the group, and click it.



Step #2: Find the name of our group, and move it to the top of your group display by clicking on the order number or button on the left.

Groups (61)

Order	Group Name	
<input type="text" value="1"/>	Wellness and Integrative Health Providers Transformational Marketing Strategies	Manager Settings Member Settings
<input type="text" value="2"/>	Nutrition Health Providers and Professionals	Manager Settings Member Settings

Step#3: Next click on member settings at the right.

Check the boxes, as below. The default setting may not be what you want. Of course, you can opt to receive only weekly frequency, but I hope you'll enjoy the group enough that you want to receive the daily digest, and participate in making this YOUR group!

Digest Email: Send me a digest of all activity in this group.
Note: Your email address will remain hidden from members of this group. Any changes to delivery frequency will take effect within a few days.

Delivery Frequency:

Announcements: Allow the group admins to send me an email once per week.

Member Messages: Allow members of this group to send me messages via LinkedIn.

Thanks again, and enjoy your group.

Warmly, Lynda Goldman, Group Owner

[Click here for a free road map: 7 Steps to Write a Health and Wellness Book](#)

Lynda@WellnessInk.com